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# THE ISLAND

## Story

The Islanders have long been familiar with the reception and hospitality of visitors to their place. During the festivities of its monasteries, believers from a wide area used to gather on the island. During the years of the Ottoman Empire, the inhabitants of the multicultural Ioannina rented boats of the Islanders, brought with them food and musical instruments, and made night rides on boats under the moonlight.

The lake of Ioannina is an integral part of the city of Ioannina - many economic, social, cultural, and other activities, as well as the history of the city, is associated with the lake. However, the Island and its residents remain separated from the rest of the city by a natural water border and complicated transportation at times. This separation has allowed the place to embody a unique atmosphere, tangled with local legends, rich history, and specialties which participants of this discovery event will learn about from the local islanders and stakeholders at silver creations shop, Women's Cooperative of Ioannina, and a boat captain.



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## Discovery

Short description: ideal for groups of 3-6 people, newcomers to Ioannina city. The walk will be 2-3 hours long, it's advised to start at 11am or 5pm. You should have 4 Euros for boat fees and a photo camera with them.

The lake and island of Ioannina are tangled in legends, historic events, and specialties. The lake serves as a natural border between the inhabitants of the island and the rest of the city. Enjoy this journey and discover stories of the islanders!



**1 Take the boat to the island!** Get a seat near the boat captain and during the trip, ask the captain what the names of the lake and the island are.

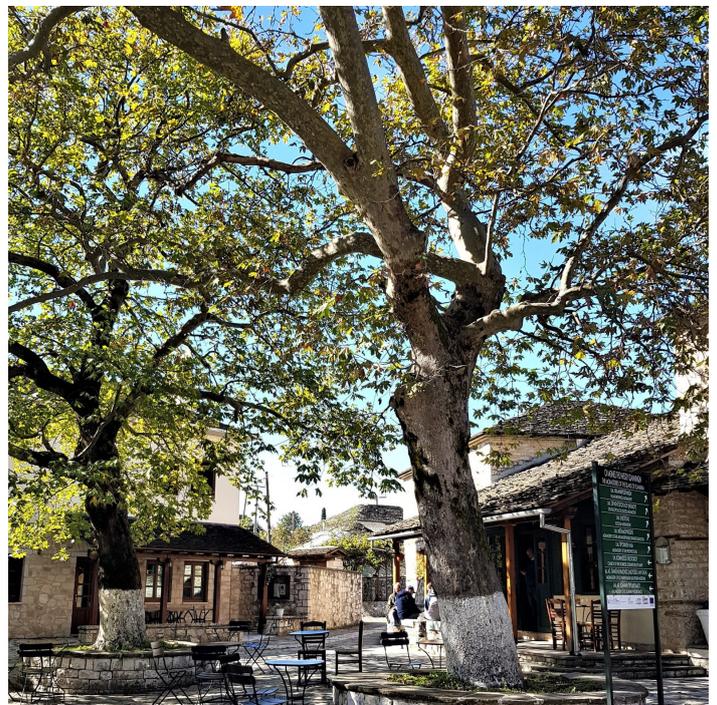


**2 The tradition of silversmithing** crosses lake from city to the island. Delight yourself with the wonderful creations of the locals and ask them about this art.



**3 Find and taste traditional sweets** from Ioannina made by the Women's Cooperative of Ioannina!

**4 A local boat captain** once told this story: "It was 1960s; the French tourists' luggage that traveled from the Island of Ioannina to France was full of something. On the way from the airport runway to the arrival's hall, it opened and the Paris Orly airport filled with these things!" Ask locals to find out what is this story about – what the tourists had in their bags? A tip: it is also a famous delicacy of this island!



**! 5 Find the main tree** in the central square of the Island. What type of tree is it and how did it serve as a significant spot for the neighborhood in older times?

**6 What fish species** the local fishermen are known to fish? Which fish saved locals from starving during the occupation years?



**! 7 Ask a local person about whether the lake freezes in winter** and can they walk to the city easily?

**8 An 80 year old local man** living on the island was once asked by a reported “What do you like about living here?” and the old man answered: “It’s a good luck to live in a place that other people have always wanted to visit. And I love to welcome them.” Talk to one local person and ask them what they like most about living on the island.



**9 Find the most famous house** on the island and find out about the death of its owner.



**10 There was a song sung by the people of Epirus about missis Phrosini** (Kiria Phrosyne or Κυρία Φροσύνη in Greek). According to local legend, the water of the lake is sweet because it was where missis Phrosini was killed. Ask local people about her life and why was she killed.



**11 Try to reach the top of the little mountain of the island.** There you will find a beautiful panoramic view of the lake and the Monastery of Prophet Elijah (in Greek - Ilias). According to some folklorists, there is a reason why all Prophet Elijah’s monasteries and churches are located on mountaintops in Greece. Talk to locals and try to find out why would that be? To which ancient god the name of this Prophet can be associated to?

**12 Find a bench to sit by the lake** and observe the nature around you. How many kinds of birds can you notice around you?



**! 13 Find someone who was born on the island** and ask about how was the life here 50 years ago, take a picture together.

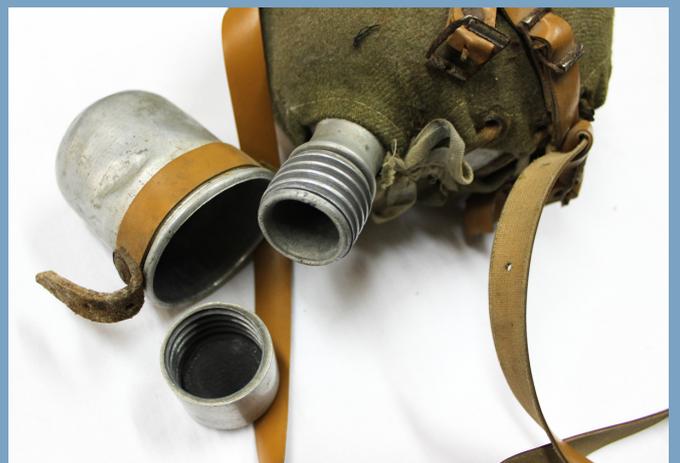


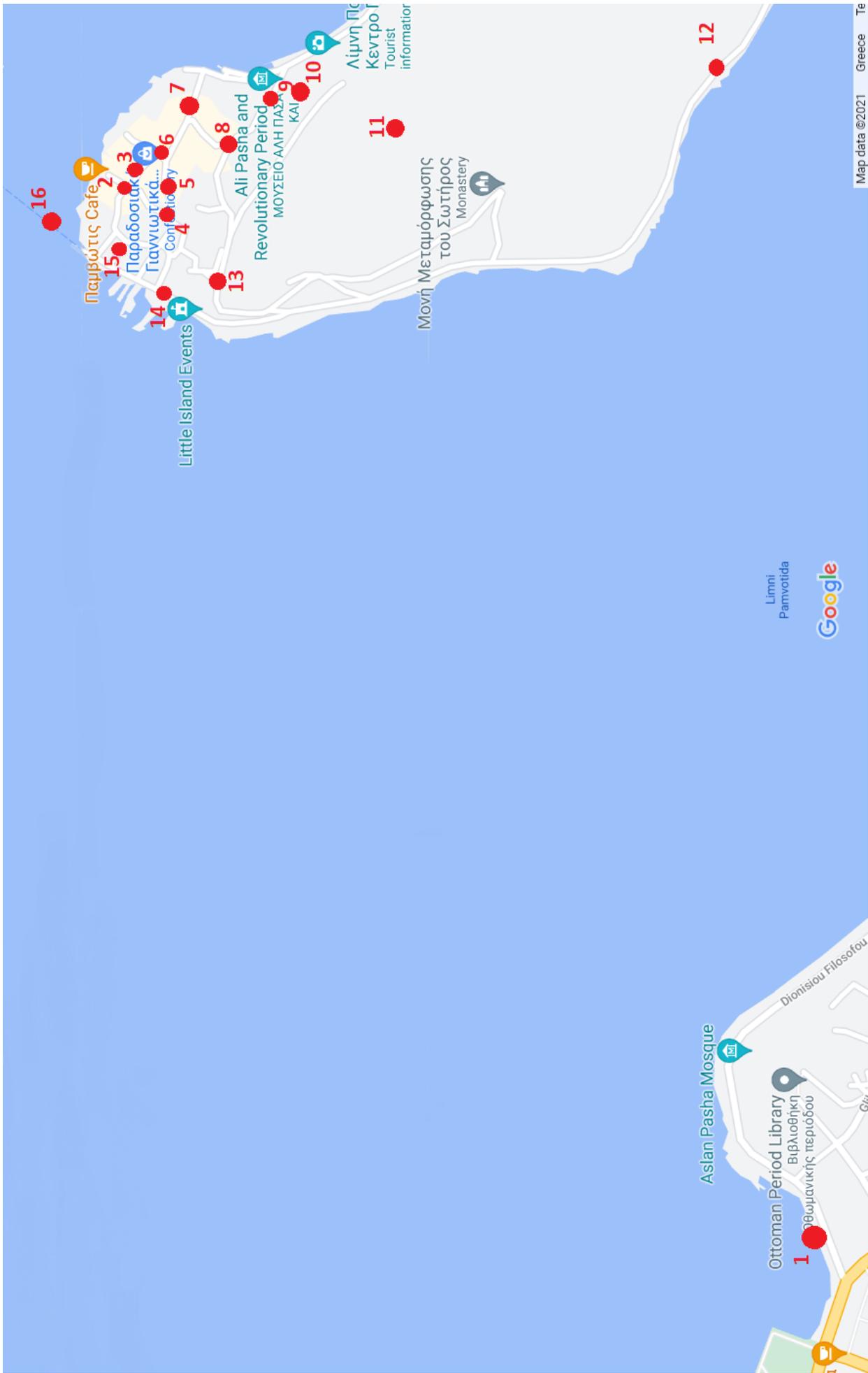
**14 Meet a local person** and ask them if they know a legend about connection between the island and the city fortress.



**! 15 Take a picture that captures the soul of the island!**

**! 16 As you are on the boat on the way back,** ask the boat captain why people of Ioannina are known to be called pagourades (παγουράδες in Greek), what were they trying to catch in the lake with flasks?





16

Παμβώτις Cafe

15

Παραδοσιακό  
Γιαπωνέζικο  
Confiserie

14

Little Island Events

13

Ali Pasha and  
Revolutionary Period  
ΜΟΥΣΕΙΟ ΑΛΗ ΠΑΣΑ  
ΚΑΙ

8

11

10

12

Μονή Μεταμόρφωσης  
του Σωτήρος  
Monastery

Λίμνη Παμ  
Κέντρο Π  
Tourist  
informatior

Aslan Pasha Mosque

Ottoman Period Library  
Βιβλιοθήκη  
Οθωμανικής περιόδου

1

Limni  
Pamvotida

Google

Map data ©2021 Greece Te



**EPIRUS**  
KENTPO NEQN



**Erasmus+**

## **THE ISLAND DIGITAL DISCOVERY**

<https://www.google.com/maps/d/u/0/edit?mid=1eQek8uhitISuD8QJYJQIGhV8x6csJfWB&usp=sharing>

## **MORE INFORMATION ABOUT THE BORDERS IN THE MIND PROJECT**

<http://www.bordersinthemind.eu>

“Borders in the Mind” project: approved by the European Commission under the programme “Erasmus+ – KA2 – Strategic Partnership for Adult Education”  
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## **MORE INFORMATION ABOUT THE AUTHOR: YC EPIRUS ORGANIZATION**

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